



EYFS PSED Objective Mapping



Introduction

This document is designed to support planning and evidence-gathering for each PSED objective from the Development Matter document for EYFS. It includes a breakdown of the PSHE Association.





Nursery (Level 1)



Nursery PSED Objectives

Objectives	myHappybody Activity 1	myHappybody Activity 2	myHappyrelationships Activity 1
Be increasingly independent in meeting their own care needs,e.g. brushing teeth, washing and drying their hands thoroughly.	✓		
Make healthy choices about food, drink, activity and toothbrushing.	✓		
Increasingly follow rules, understanding why they are important.		✓	
Remember rules without needing an adult to remind them		✓	
Become more outgoing with unfamiliar people, in the safecontext of their setting.			✓
Show more confidence in new social situations.			✓
Play with one or more other children, extending and elaboratingplay ideas.			✓

Nursery PSED Objectives

Objectives	myHappyrelationships Activity 2	myHappyworld Activity 1	myHappyworld Activity 2
Find solutions to conflicts and rivalries. For example, accept that not everyone can be Spider-Man in the game and suggest other ideas.	✓		
Develop appropriate ways of being assertive.	✓		
Talk with others to solve conflicts.	✓		
Show interest in different occupations		✓	
Select and use activities and resources, with help when needed. This helps them achieve a goal they have chosen or one that is suggested to them.			✓
Develop their sense of responsibility and membership of a community.			✓
Begin to understand the need to respect and care for the natural environment and all living things.			✓



Reception (Level 2)



Reception PSED Objectives

Objectives	 myHappybody Activity 1	 myHappybody Activity 2	 myHappyrelationships Activity 1	 myHappyrelationships Activity 2
Manage their own personal hygiene needs.	✓			
Know and talk about the different factors that support their overall health and well-being: regular physical activity, healthy eating, teeth brushing, sensible amounts of 'screen time' and having a good sleep routine.	✓			
Know and talk about the different factors that support their overall health and well-being: Being a safe pedestrian.		✓		
Build constructive and respectful relationships.			✓	
Continue developing positive attitudes about the differences between people.			✓	
Express their feelings and consider the feelings of others.				✓
Show resilience and perseverance in the face of challenges.				✓

Reception PSED Objectives

Objectives	 myHappyrelationships Activity 2	 myHappyworld Activity 1	 myHappyworld Activity 2
Identify and moderate their own feelings socially and emotionally.	✓		
Think about the perspectives of others.	✓		
Name and describe people who are familiar to them.		✓	
See themselves as a valuable individual.			✓